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NORTHERN BC 4-H DAZE
SAFETY CAMP 2008
REPORT

25 AUGUST, 2008

MARLENE PICKERING, CHAIRMAN

TRISH HOMIS, SECRETARY/TREASURER

NORTHERN BC 4-H DAZE – SAFETY CAMP 2008 CAMP REPORT

Date of camp: 16 May, 2008 to 19 May, 2008
Location: Camp Sagitawa - Moberly Lake, BC

Attendance: Seniors (age 13 – 19 years) 12
Juniors (age 9 to 12 Years) 11
Cloverbuds/Wannabees (age 4 to 8 years) 4
4-H Leaders 6
4-H Alumni 6
Parents 8

Facilitators:

Skill sessions - Camp Sagitawa Staff

Safety Seminars:

Peace Country Society for Acquired Brain Injury

JT Safety Training

South Peace Chiropractic

Other: 4-H Camp Counselor

Scouts Leader

4-H Leaders

4-H Alumni

Camp 2008 Safety Seminars/Activities

Farm and Ranch Safety and Health Association [FARSHA]

- Multiple farm safety films directed to all age groups at the camp

JT Safety Training

- Chain Saw Safe Practices Demonstration (chainsaw use on the farm and on the job)
- H2S Alive [8 hour program]

Peace Country Society for Acquired Brain Injury Prevention

- Bicycle Safety
- Brain Injury Prevention

South Peace Chiropractic ~ Dr. Lino O'Keefe B.Sc., D.C.

- Farm-related joint and spinal injury – awareness and prevention
- Sports injuries – awareness and prevention

Camp Sagitawa Staff

- Orienteering
- Canoe/Kayak safety and training
- Rockwall (safe practices/confidence builder)
- Zipline (safe practices/confidence builder)

4-H Leaders/Alumni

- Nature Walk — insect, bird life and plant awareness and identification*
- Beach-front and water safety*
- the Three R's Reduce, Reuse, Re-cycle*
- Worm composting — developing soil for your home garden*
(at the end of the camp 2 worm-composting kits were drawn by raffle to be sent home with pre-school age attendees)
- Crafts
- Sewing - patchwork
- Safety first at the campfire
- Sports (large and small group activities and skills training)

items identified with (*) were for pre-school aged children only

Other activities: All camp attendees

Team Building ~ Sports ~ Public speaking
Take it to the Top – Hike (junior/senior/adult)

Friday evening was dedicated to registration and cabin/RV assignment followed by icebreaker activities and campfire fun. Snacks served in the dining hall closed the evening in order to get an early start on the next day's events. Saturday and Sunday were intense days of small group safety seminars, skill building sessions and large group team building exercises and sports. Monday morning was busy with large group activities and skill sessions. Following lunch on Monday all participants were requested to complete evaluations for camp planners to use in preparation for Safety Camp 2009. Cabin clean-up and garbage check were the final activities of the weekend.

The weather was great—sunshine and blue skies and the camp was well-attended.

Camp planners consider Safety Camp 2008 a success, and especially wish to acknowledge the dedication and assistance given to Safety Camp 2008 by our partner organizations Peace Country Society for Acquired Brain Injury who provided safety seminars during the weekend and to FARSHA for the farm safety videos.

Attached to this report are;

1. Appendix A Financial Report – proposed and actual budgets
2. Appendix B Camp Agenda

APPENDIX A

PROPOSED AND ACTUAL BUDGETS NORTHERN BC 4-H DAZE SAFETY CAMP 2008

2008	NORTHERN BC 4-H DAZE	PROPOSED				ACTUAL			
		BUDGET				BUDGET			
EXPENSES									
	program development	\$7,800.00				\$7,625.93			
	advertising	\$300.00				\$0.00			
	office expense (ph, fx, post, printing, etc)	\$200.00				\$245.56			
	facilitation	\$4,450.00				\$2,644.00			
	photography	\$200.00				\$130.31			
	honorariums	\$200.00				\$33.01			
	travel [facilitators]	\$1,350.00				\$764.40			
	ribbons/cert/prizes	\$500.00				\$68.39			
	registration materials	\$650.00				\$359.95			
	project supplies	\$1,300.00				\$1,129.53			
	camp t-shirts	\$1,100.00				\$620.75			
	facility	\$9,500.00				\$5,026.00			
	first-aid attendant+transport vehicle	\$5,000.00				\$4,280.00			
	program delivery equip.	\$500.00				\$547.64			
	TOTAL EXPENSES	\$33,050.00		\$33,050.00		\$23,475.47			
INCOME									
	district councils	\$500.00				\$0.00			
	registration fees (100attendees x \$50.00)	\$5,000.00				\$2,370.00			
	funds on hand	\$1,500.00				\$1,489.37			
	donations:					\$1,500.00			
	Dawson Creek Foresters					\$1,000.00			
	Canadian Wheat Board					\$650.00			
	Farm Credit Canada					\$7,000.00			
	PRAD matching funds grant					\$14,009.37			
	Total revenue income								
	program development--donated	\$7,500.00				\$7,374.07			
	office expense--donated	\$75.00				\$50.00			
	facilitation--donated	\$450.00				\$300.00			
	first-aid attendant+transport vehicle, donated					\$4,280.00			
	Total in-kind donations					\$12,004.07			
	TOTAL INCOME	\$15,025.00		\$15,025.00		\$26,013.44		\$26,013.44	
	INCOME OVER EXPENSES			(\$18,025.00)		\$25,363.44		\$2,537.97	

APPENDIX B

CAMP AGENDA
NORTHERN BC 4-H DAZE
SAFETY CAMP 2008

	FRIDAY		
<i>day/time</i>	<i>CLOVERBUD/WANABEE</i>	<i>JUNIOR</i>	<i>SENIOR</i>
7:00-9:00pm	REGISTER	REGISTER	REGISTER
7:30 PM	meet and greet games	meet and greet games	meet and greet games
8:00 PM	Campfire	Campfire	Campfire
9:00 PM	Snack	Snack	Snack
10:00	Bedtime	Bedtime	Bedtime

day/time	SATURDAY CLOVERBUD/WANNABEE	JUNIOR	SENIOR
8:00 AM	breakfast - main hall		breakfast - main hall
8:30 AM			
9:00 AM	WETLANDS Queen Bee, Lifeguard /pond	ORIENTEERING Camp Staff / grass	H2S ALIVE JT Safety Training / Chapel
9:30 AM	~		~
10:00 AM	SNACK Queen Bee / kitchen/grass	FARM SAFETY Marlene + Trish / lower conf. room	~
10:30 AM	OUCH! Neil / first Aid Truck	ROCK WALL Camp Staff / rockwall site	~
11:00 AM	COMPOSTING / THE 3 R's Trish / grass	~	~
11:30 AM	~	CRAFT Merna / balcony	~
12 noon	lunch - main hall	lunch - main hall	lunch - main hall
1:00 PM	CRAFTS Merna / Balcony	SPORTS / FARM INJURY PREVENT. Dr. Lino O'Keefe	~
1:30 PM	ROCKWALL Camp staff / rockwall	BIKE RODEO / BIKE SAFETY P.C.S.A.B.I. / grass	~
2:00 PM		~	~
2:30 PM	BRAIN TRAIN P.C.S.A.B.I. / grass	~	~
3:00 PM	~	~	~
3:30 PM	SNACK Queen Bee / kitchen / grass	~	~
4:00 PM	BEACH ACTIVITY / WATER SAFETY Queen Bee, Lifeguard /beach	~	~
4:30 PM	~	~	~
5:00 PM	TENT TIME Queenbee / screen tent	~	~
5:30 PM	supper	supper	supper
6:00 PM			
6:30 PM	SPORTS Matthew / grass	FREE TIME	FREE TIME

7:00 PM	FREE TIME	CAPTURE THE FLAG	CAPTURE THE FLAG
	parents	Matthew / grass	Matthew / grass
7:30 PM		~	~
8:00 PM		~	~
8:30 PM	CAMPFIRE / SING-ALONG	~	~
	firepit	~	~
9:00 PM		CAMPFIRE	CAMPFIRE
		firepit	firepit
9:30 PM	SNACK	SNACK	SNACK
	dining hall	dining hall	dining hall
10:00 PM	BEDTIME	M.I.	M.I.
11:00 PM		BEDTIME	BEDTIME

	SUNDAY		
day / time	CLOVERBUD/WANNABEE	JUNIOR	SENIOR
8:30 AM	breakfast - main hall	breakfast - main hall	breakfast - main hall
9:00 AM	NATURE WALK Queenbee / grass, trees, trails		
9:30 AM		ARCHERY	CRAFT
10:00 AM	SNACK Queenbee/kitchen/grass	Camp Staff / archery range	Merna / balcony
10:30 AM	FARM SAFETY Queen Bee / lower conf. room	BRAIN TRAIN P.C.S.A.B.I. / grass	ARCHERY Camp Staff / archery range
11:00 am	SPORTS Matthew / grass	~	~
11:30AM	TENT TIME Queenbee	SPORTS Matthew / grass	SPORTS Matthew / grass
12 noon	lunch - main hall	lunch - main hall	lunch - main hall
1:00 PM	CRAFTS Merna / balcony	CHAINSAW SAFETY [DEMO]	CHAINSAW SAFETY [DEMO]
2:00 PM	SPORTS Matthew / grass	~	~
2:30 PM	TENT TIME Queenbee / screen tent	~	~
3:00 PM	CAMPFIRE SAFETY Davin / firepit	CANOE/KAYAK SAFETY + TRAINING Camp Staff / boathouse	JEOPARDY P.C.S.A.B.I. / chapel
3:30 PM	SNACK Queen Bee / kitchen/screen tent	~	~
4:00 PM	FARM SAFETY Queen Bee / lower conf. room	JEOPARDY P.C.S.A.B.I. / chapel	CANOE/KAYAK SAFETY + TRAINING Camp Staff / boathouse
4:30 PM	SPORTS Matthew / grass	~	~
5:00 PM	TENT TIME Queenbee / screen tent	FREE TIME	FREE TIME
5:30 PM	supper	supper	supper
6:00 PM			
6:30 pm	TEAMBUILDING Davin	HIKE PREPARATION Matthew	HIKE PREPARATION Matthew

7:00 PM	FREE TIME	CHALLENGE THE HILL	CHALLENGE THE HILL
	Parents	Matthew / Davin	Matthew / Davin
8:30 PM	CAMPFIRE / SING-ALONG	~	~
	firepit	~	~
9:00 PM		CAMPFIRE	CAMPFIRE
		firepit	firepit
9:30 PM	SNACK	SNACK	SNACK
	dining hall	dining hall	dining hall
10:00 PM	BEDTIME	BEDTIME	BEDTIME
11:00 PM	...ZZZZZ.....	...ZZZZZ.....	...ZZZZZ.....

	MONDAY		
day/time	CLOVERBUD/WANNABEE	JUNIOR	SENIOR
9:00 AM	breakfast	breakfast	breakfast
9:45 AM	TEAM BUILDING	FARM SAFETY	FARM SAFETY
	Davin / chapel	Trish, Marlene / dining hall	Trish, Marlene / dining hall
	everyone:		
10:30 AM	ZIP LINE		
	camp staff / zip line		
12:00 noon	lunch		
1:00 PM	EVALUATIONS		
1:30 PM	CABIN CLEAN-UP		
2:00 PM	WALK-ABOUT/GARBAGE CHECK		
2:30 PM	load up vehicles...../	address exchange...../.	farewell.....
3:00 PM	Depart		